

Alissa Levy Chung

Current address:

704 South Blvd.
Evanston, IL 60202
(773) 852-6910
alissa.chung@northwestern.edu

Educational History:

Ph.D. (1999) in Child Psychology
Program in Developmental and Clinical Psychology
Institute of Child Development
University of Minnesota
Advisor: L. Alan Sroufe, Ph.D.

M.A. (1997) in Child Psychology
Institute of Child Development
University of Minnesota
Advisor: L. Alan Sroufe, Ph.D.

B.A. (1995) in Psychology and History
Brown University
Magna Cum Laude and Honors in Psychology
Advisor: Cynthia Garcia Coll, Ph.D.

Achievements and Awards:

Oct. 2022	Northwestern Associated Student Government Faculty Honor Roll
Sept. 2020	Northwestern Associated Student Government Faculty Honor Roll
Sept. 2014	Northwestern Associated Student Government Faculty Honor Roll
June 2014	Outstanding Instructor Award, School of Education and Social Policy, Northwestern University
Sept. 2013	Northwestern Associated Student Government Faculty Honor Roll
Sept. 2012	Northwestern Associated Student Government Faculty Honor Roll
6/96-6/99	National Science Foundation Fellowship
9/95-6/96	University of Minnesota Graduate Fellowship
May 1995	Muriel Fain Sher Award, Brown University
May 1995	Davis Book Award, Brown University
April 1995	Anne Crosby Emery Fellowship, Brown University
April 1995	Sigma Xi Technical Analysis Corporation Award
March 1995	Sigma Xi
6/94-8/94	Summer Research Fellowship, Evanston Hospital Department of Pediatric
1994-1995	Executive secretary Phi Beta Kappa

**Research &
Professional Experience:**

9/23-present	Associate Director of Clinical Training, Northwestern University
9/18-present	Associate Professor of Instruction in Psychology, Northwestern University
9/01-present	Clinical Psychologist, Evanston, IL
9/14-present	Special Education Advocate, Evanston, IL
9/10-12/14	Adjunct Lecturer, School of Education and Social Policy, Northwestern University
9/01-5/10	Parenting/child development columnist, Cherry Preschool, Evanston, IL
11/00-8/01	Assistant Professor of Clinical Psychology, Department of Psychiatry, University of Illinois at Chicago
9/96-6/99	Research Assistant, Institute of Child Development, University of Minnesota Supervisors: L. Alan Sroufe, Ph.D., Byron Egeland, Ph.D., W. Andrew Collins, Ph.D., Elizabeth Carlson, Ph.D.
6/94-9/95	Research Assistant, Brown University Department of Pediatrics & Psychiatry Supervisor: Cynthia Garcia Coll, Ph.D.
6/93-6/95	Research Assistant, Evanston Hospital, Department of Pediatrics Supervisor: Susan P. Berger, Ph.D.

**Professional Affiliations
and Memberships:**

2001-present	Illinois Association of Infant Mental Health
2000-present	American Psychological Association
2000-present	Society for Research in Child Development
1996-2000	Student Policy Network of the Society for Research in Child Development
1996-2000	Student member of the Developmental Psychology Division 7 of the American Psychological Association

Manuscripts:

Frost, A., Hoyt, L. T., Chung, A. L., & Adam, E. K. (2015). Daily life with depressive symptoms: Gender differences in adolescents' everyday emotional experiences. *Journal of Adolescence*, 43, 132–141. <http://doi.org/10.1016/j.adolescence.2015.06.001>

Kovan, N.M., Chung, A.L., & Sroufe, L.A., (2009). The intergenerational continuity of observed early parenting: A prospective, longitudinal study. *Developmental Psychology*, 45(5), 1205-1213.

Egeland, B., Bosquet, M., Levy, A., K. (2002). Continuities and discontinuities in the intergenerational transmission of child maltreatment: Implications for breaking the cycle of abuse. In K. Browne, H. Hanks, P. Stratton, & C. Hamilton (Eds.), *The prediction and prevention of child abuse: A handbook* (pp.217-232). New York: John Wiley & Sons.

Ostler (Jacobsen), T., Levy Chung, A., & Kim, J. (2002). Intervening with young children in foster care: Using countertransference to facilitate the therapeutic process. *Zero to Three*, 25(3), 57-60.

Englund, M.M., Levy, A.K., Hyson, D.M., & Sroufe, L.A. (2000). Adolescent social competence: Effectiveness in a group setting. *Child Development*, 71, 1049-1060.

Sroufe, L.A., Carlson, E.A., Levy, A.K., & Egeland, B. (1999). Implications of attachment theory for developmental psychopathology. *Development and Psychopathology*, 11, 1-13.

Papers and Presentations:

Levy Chung, A. Attachment and attachment disorders. (Presented at Save Haven Therapeutic School, August 30, 2018).

Levy Chung, A. Self-regulation: Development, temperament, and sensory processing. (Presented at The Total Child Center, Evanston, IL, February 15, 2018).

Levy Chung, A. The magic of every day learning. (Presented at Cherry Preschool, Evanston, IL, October 12, 2017).

Fujara, M., & Levy Chung, A. What special needs parents wish their pediatricians knew. (Presented at 2015 ICAAP Annual Educational Conference: A Trauma-Informed, Interprofessional Approach to Caring for Children with Special Needs, Palos Heights, IL, November 20, 2015.)

Levy Chung, A. Child witness: A developmental perspective on the consequences of exposure to domestic violence. (Presented at the Lurie Children's Hospital Annual Symposium on Child Maltreatment, Chicago, IL, October 2, 2015).

Levy Chung, A. Will my child have a friend? Social development of preschoolers. (Presented at The School for Little Children, Evanston, IL, February 26, 2014).

Levy Chung, A. Friends, frenemies, and feeling left out: Friendships in elementary school. (Presented at Lincolnwood Elementary School, Evanston, IL, December 9, 2013).

Levy Chung, A. Disability awareness: Parent forum. (Presented at Lincoln Elementary School, Evanston, IL, October 9, 2013).

Jacobsen, T., & Levy Chung, A. Living in limbo: Children's journey through the child welfare system. (Presented at the 16th National Training Institute, Zero to Three, San Diego, CA, November, 2001).

Jacobsen, T., Kim, J., Levy Chung, A., Shlife, J., & Galbraith, L. Busting ghosts in the nurseries of teen moms: A comprehensive approach to infant-parent psychotherapy, (Poster, 17th National Training Institute, Zero to Three, San Diego, California, November 2001).

Sroufe, L.A., Carlson, E.A., Levy, A., & Jacobvitz, D. B. Longitudinal perspectives on normative developmental processes. (Presented at the Biennial Meeting of the Society for Research in Child Development, Minneapolis, Minnesota, April 19-22, 2001).

Jacobsen, T., Levy, A., & Kim, J. Assessing and treating serious parenting problems. (Presented at Fostering Families: Fostering Development Seminar Series, Illinois Association for Infant Mental Health and The Child and Adolescent Institute of Jewish Children's Bureau, Northbrook, Illinois, February 20, 2001).

Kim, J.Y.S., & Levy Chung, A. Twenty-one diagnoses and we still don't know what's wrong: Attachment disorders through development. (Presented at Grand Rounds, Elgin Community Mental Health Center, University of Illinois at Chicago, December 5, 2000).

Jacobsen, T., & Levy, A.K. The impact of domestic violence on children: Assessment and treatment. (Presented at the 1999-2000 Symposium on Controversies in Child Abuse and Neglect, Children's Memorial Hospital, Chicago, Illinois, April 4, 2000).

Levy, A.K., & Meyer, S.E. The development of self-esteem from middle childhood to adolescence: Effects of gender, social class, and individual differences. (Presented at the Biennial Meeting of the Society for Research in Child Development, Albuquerque, New Mexico, April 15-18, 1999).

Carlson, E.A., & Levy, A.K.. A prospective longitudinal study of representational organization and psychopathology. (Presented at the Biennial Meeting of the Society for Research in Child Development, Albuquerque, New Mexico, April 15-18, 1999).

Levy, A.K., Hennighausen, K.H., & Erickson, M.F. Tony's story: An illustration of intergenerational influences on fathering. (Presented at the 1998 Zero to Three National Curriculum Vitae

Training Institute, Washington, D.C., December 3 - 5, 1998).

Levy, A.K. Longitudinal predictors of adolescent pregnancy and impregnation. (Presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA, February 26 - March 1, 1998)

Sroufe, L.A., Levy, A.K., & Carlson, E.A. Resilience in adolescence. Stress and Coping in Adolescence: A Symposium in Honor of E. Mavis Hetherington. (Presented at the Biennial Meeting of the Society for Research on Adolescence, San Diego, CA, February 26 - March 1, 1998).

Sroufe, L.A., & Levy, A.K. A global perspective on the development of competence. In W.A. Collins et al., Innovative Session: Late-Adolescent Competence in Developmental Perspective: Issues from a 19-Year Study. (Presented at the Biennial Meeting of the Society for Research on Adolescence, San Diego, CA, February 26 - March 1, 1998).

Englund, M.M., Levy, A.K., & Hyson, D.M. Development of adolescent social competence: A prospective, longitudinal study of family and peer contributions. (Presented at the Biennial Meeting of the Society for Research in Child Development, Washington, D.C., April 3-6, 1997).

Levy, A.K., Garcia Coll, C.T., Meyer, E.C., Seifer, R., Leach, T., Ramos, A., & Oh, W. Mother-infant interaction in preterm infants: Influences of biological & environmental risk. (Presented at the International Conference for Infant Studies, Providence, RI, April 1996).

Berger, S.P., Levy, A.K., & Compaan, K.M. Infant Attachment Outside the Laboratory: New Evidence in Support of the Strange Situation. (Presented at the Biennial Meeting of the Society for Research in Child Development, Indianapolis March 30-April 2, 1995).

Meyer, E.C., Kennally, K.F., Zika-Beres, E., Kilis, E., & Levy, A. Staff attitudes and recommendations about sibling visitation in the neonatal intensive care unit. (Presented at the Meeting of the Society for Pediatric Research, San Diego, CA, May 1995).

Meyer, E.C., Kennally, K.F., Zika-Beres, E., Kilis, E., & Levy, A. Sibling visitation in the neonatal intensive care unit (NICU): Staff attitudes and recommendations. (Presented at the Fifth Florida Conference on Child Health Psychology, Gainesville, Florida, April 20-22, 1995).

Clinical Experience:

10/03-present	Clinical Psychologist with specialization in children and adolescents, private practice, Evanston, IL
9/01-9/03	Clinical Child Psychologist, North Shore Family Psychiatry, Evanston, IL

- 7/00- 8/01 Coordinator Teen Wards Parenting Assessment Team (TPAT) and Secure Base Family Clinic, Department of Psychiatry, University of Illinois at Chicago
Supervisor: Teresa Jacobsen, Ph.D.
- 7/99-6/00 Clinical Child Psychology Intern, Institute for Juvenile Research, Chicago, IL (parenting assessments of mothers with mental illness, school-based intervention and consultation, family therapy, parent-child psychotherapy, child therapy)
- 9/98 – 6/99 Hennepin County Family & Children’s Mental Health practicum, Minneapolis, MN (adult/child therapy, parenting evaluations)
Supervisor: Mary Cichon, Ph.D.
- 6/98 – 6/99 Walk-In Counseling Center practicum: Minneapolis, MN (adult crisis counseling)
- 6/98 – 6/99 Fraser Child & Family Center practicum: Minneapolis, MN (pediatric neuropsychology assessment).
Supervisor: Kim Klein, Ph.D.
- 1/98 – 6/98 Department of Pediatric Neurology, University of Minnesota practicum: Minneapolis, MN (pediatric neuropsychology assessment). Supervisor: Elsa Shapiro, Ph.D.
- 6/97 – 6/99 Fraser Child & Family Center practicum: Minneapolis, MN (therapeutic preschool staff, child & family therapist, parenting evaluations). Supervisor: Glenace Edwall, Ph.D., Psy.D., MPP
- 4/97- 6/97 The Center for Grief, Loss, & Transition: St. Paul, MN (preschool group therapist)
- 6/96-8/96 University of Minnesota Hospital Child Psychiatry Infant Clinic: Minneapolis, MN (infant assessment).
Supervisor: Susan Warren, M.D.
- 9/94-5/95 Women and Infants Hospital: Providence, RI (sibling group therapy)
- 6/94-8/94 Foundation for Child Development Interviewer: Evanston, IL

Teaching Experience:

- 9/18-present Associate Professor of Instruction in Psychology, Northwestern University
Research Methods in Psychology
Psychology of Personality

Introduction to Clinical Psychology
Cognitive Behavioral Therapy
Developmental Psychology
Social and Personality Development
Child Maltreatment (Advanced Topics in Psychology)
Becoming Ourselves: How Does Psychology Explain Who We Are and Why
(first-year seminar)
Contemporary Psychotherapy (graduate school course)
History, Ethics, Diversity, & Consultation (graduate school course)
Independent Study in Psychology
So, You Think This Stuff Is Easy? Using the Science of Psychology to
Raise a Virtual Child (NU college prep)
Psychology: Inside Diagnosis and Treatment (NU Pre-College Online Program)

6/19-present	Supervision of undergraduate research, Northwestern University Department of Psychology
8/11-6/14	Supervision of undergraduate honors projects, Northwestern University School of Education and Social Policy
9/10-12/14	Adjunct Lecturer, Northwestern University School of Education and Social Policy <i>Human Development: Childhood and Adolescence</i> <i>Developmental Psychopathology</i> <i>Practicum Analysis Seminar</i> <i>Counseling Theory and Practice</i>
9/01-1/02	Instructor, Erikson Institute <i>Infant Development</i> <i>Infant Mental Health</i>
7/00-8/01	Supervision and training of psychology interns and psychiatry residents and fellows for parent-infant psychotherapy, parenting assessments, Department of Psychiatry, University of Illinois at Chicago
9/98-5/99	Supervision of undergraduate research projects, Institute of Child Development, University of Minnesota
7/98	Teaching assistant for workshops on Strange Situation coding training for A, B, C, & D, Institute of Child Development, University of Minnesota
6/98-7/98	Co-Instructor, Institute of Child Development, University of Minnesota <i>Clinical Applications of Attachment Theory</i>

5/97-6/97	Teaching assistant, Institute of Child Development, University of Minnesota <i>Clinical Applications of Attachment Theory</i>
1/94-1/95	Teaching assistant, Department of Psychology, Brown University <i>Introductory Psychology</i> <i>Social Psychology</i>

Undergraduate Honors Thesis Advising:

Elizabeth Nick 2011-2012. Adolescent coping: Reported styles, differences by age and role in the association between family functioning and psychopathology. (Role: Advisor)

Allison Frost 2011-2012. Gender differences in the daily affective and interpersonal experiences of depressed adolescents. (Role: Reader)

Sharon Kao 2013-2014. Reducing Mental Illness Stigma through Perspective Taking in the Asian Population. (Role: Reader)

Hannah Lachow 2019-2020. Double-edged disclosure: A qualitative analysis of how female friendship influences body image. (Role: Advisor)

Victoria Vizzini 2020-2021. Preschoolers' Interpretation of an Accented Speaker. (Role: Reader)

Helen Radoff 2021-2022. Understanding trans- and gender nonbinary experiences with being misgendered and attributional claims. (Role: Advisor)

Madeleine Muller 2021-2022. Mock juror decision-making: The impact of race and impulsivity on mock-jurors; assessment of adolescent offender culpability and sentencing. (Role: Secondary Advisor)

Sangjun Lee 2022-2023. Aspects of Group Work: Extraversion, Perceived Leadership, and Observational Coding of Leadership Behaviors. (Role: Advisor)

Amy Fan 2022-2023. Are People 'Real' on BeReal? Perception and Authenticity in Utilization of Social Media App. (Role: Advisor)

RJ Schechner 2023-2024. Behind the Swipe: Examining Decision Patterns with Transgender Profiles in Mock Online Dating Simulation. (Role: Advisor)

Ashley Trattner 2023-2024. Stress and Adolescent Identity Development. (Role: Reader)

Zidi Mu 2023-2024. The Effects of Social Support and Self-Awareness on the Career Decision-Making Self-Efficacy of College Students. (Role: Reader)

Michelle Hong 2023-2024. Investigating the Relationship Between Personality Traits and Leadership Outcomes in College Students. (Role: Reader)

Samantha Hesekiel 2024-2025. Title pending (Role:Advisor)

Olivia Lauri 2024-2025. Title pending (Role: Advisor)

Sophia Jaurigue 2024-2025. Title pending (Role: Reader)

Neha Nevrange 2024-2025. Title pending (Role: Reader)

Undergraduate Grant Advisor

Tara Cruise (2019), Helen Radoff (2023), RJ Schechner (2024), Zosia Alarr (2024), Avryl Carmona (2024), Olivia Lauri (2025)

Graduate Student Committee Membership:

Allison Shields (dissertation proposal and defense), Raul Espana (dissertation proposal)

Teaching Interests:

Child and Adolescent Development
Developmental Psychopathology
Attachment & Interpersonal Relationships
Clinical Theory and Practice

Research Interests:

Intergenerational transmission of parent-child relationships
Attachment theory and representation
Trauma and maltreatment
Early relationships and their developmental sequelae across the life-span
Adolescent pregnancy and parenting

Service and Administrative Experience:

2025-present Teaching Track Merit Review Committee

2024-present Committee for Academic Integrity Appeals

2023-present Personnel committee, Department of Psychology, Northwestern University

2021-present Undergraduate Psychology Association (UPA) faculty advisor,

Curriculum Vitae

	Department of Psychology, Northwestern University
2020-present	Faculty sponsor for UNITY Charity Fashion Show at Northwestern University
2020-2023	Committee on engagement, Department of Psychology, Northwestern University
2020-2023	Awards committee, Department of Psychology, Northwestern University
2001-2003	Managing Partner, North Shore Family Psychiatry, Evanston, IL
2000-2001	Internship training faculty, Institute for Juvenile Research, University of Illinois at Chicago
1996-1998	Graduate Instruction Committee, Institute of Child Development, University of Minnesota
1996-1999	Applied Developmental Psychology Committee, Institute of Child Development, University of Minnesota

Specialized Training:

August, 1996	Adult Attachment Interview Workshop in Minneapolis, MN Mary Main, Ph.D. & Erik Hesse, Ph.D. (reliability completed fall 1998)
August, 1996	Disorganized Attachment Workshop in Minneapolis, MN Mary Main, Ph.D. & Erik Hesse, Ph.D.
June, 1996	Attachment Workshop in Minneapolis, MN: Scoring A, B, C in the Strange Situation L. Alan Sroufe, Ph.D. & Elizabeth Carlson, Ph.D.

Community Service:

1/21-1/23	Board member Empowered Conversations nonprofit (mission to provide education for close contacts on how to discuss sexual assault experiences)
9/09 – 6/15	Special Education Liaison to Evanston/Skokie District 65 for the Lincoln Elementary School Parent Teacher Association